



3rd International Symposium

Tourism and Well-being

SCIENTIFIC PROGRAMME	
16 April 2025, Wednesday	
(Istanbul Time Zone, GMT+03:00)	
13.00- 13.15	Introductory Remarks
Session Chair: Prof. Dr. İlkay Taş Gürsoy, Dokuz Eylül University, Türkiye	
13.15- 13.40	The Happiness Journey: What will be your nextdestination?Jean-Pierre Beelen, PhDRotterdam University of Applied Sciences, Netherlands
13.40- 14.05.	Happiness and Wellness Tourism: Insights from Finnish TravelersSusanna SaariTurku University of Applied Sciences, Finland
14.05- 14.30	Nature-based Tourism and Psychological Wellbeing Soraia Garcês, PhD University of Madeira, Portugal
14.30- 15.00	Psychological Well-Being of Tourism Workers Yılmaz Akgündüz, PhD Dokuz Eylül University, Türkiye
15.00- 15.30	<i>Leisure and Well-being</i> Enrique Alonso García, PhD Universidad Complutense de Madrid, Spain
15.30- 16.00	Concluding remarks and Q&A & Thanks
Zoom Meeting ID: Password:	